

The Nurse's Headliner

The Official Publication of the
Licensed Vocational Nurses Association of Texas

Message from Your President *Peggy Roberts*

Happy New Year to all of the members of LVNAT. Can you believe we are in 2015? Well I know I can't. Where has the time gone? It doesn't seem like four years have already passed since you elected me for your President. In all reality, I should be out of office. I have elected to stay in the position of President until someone is willing to take this position. I promise to do my best to make this the best association for all members, and new members coming into our organization.

My plans for the next two years, which is if I remain in office that long. I plan on visiting all the active divisions during one of their regular monthly meetings. I also want to go to the cities or towns that are not active, and meet with LVN's that are interested in starting a division. My goal is to get divisions going in all the cities and towns, so the association can be back to the way it was. Membership is going to be my biggest goal. If we have members, everything else will fall into place.

We need to start thinking about Nurse Day at the Capital on February 23 and February 24, 2015. That is on a Monday and Tuesday. Monday's informational sessions will be held at Sheraton Austin Hotel at the Capital. We need as many of the members to go as possible. We need to represent ourselves.

As many of you already know, I lost my husband Leland Roberts on November 29, 2014 to a long battle of cancer. I want to take this time to thank all of you for your prayers, phone calls, cards, and offering to do various tasks for me. You don't know what that meant to me. You are my family, and I love each and every one of you. God Bless you.

Sincerely
Your President
Peggy Roberts

Volume 68, Issue 1
January 2015



Inside This Issue:

Board of Directors	2
Welcome Reminders Cookbooks	2
Division Reports	3
Recruiting	4
Committee Reports Deaths	5

Membership Renewal Dues
Please mail your membership fee to:
LVNAT
P.O. Box 143415
Austin, Texas
78714-3415

LVNAT Board of Directors

President
 Peggy Roberts
 9175 Wind Terrace
 San Antonio, TX 78239
 210-833-2768 (C)

First Vice President
 Frances Musquiz
 515 Overhill Dr.
 Arlington, TX 75044
 (817) 995-5265 (C)

Second Vice President
 Henrietta Vann
 P.O. Box 991
 Cedar Hill, TX 75104
 (214) 715-9342 (H)

Secretary
 Tammy Wolff
 2606 Brighton Park
 Converse, TX 78109

210-862-3267 (C)
Treasurer
 Emma Radcliff
 1002 Kelsey Ct.
 Forney, TX 75126
 214-607-2683 (C)

Board of Directors
 Daisy Sancho
 6619 Lozier
 Houston, TX 77021
 713-747-8875 (H)

M'Lissa Quintanilla
 12118 Walnut Park Crossing
 #1112
 Austin, TX 78753
 (512) 517-9804 (C)

Thelma L. Washington
 1818 Cliffdale Dr.
 Missouri City, TX 77489
 281-416-2280 (H)

Frances Ray
 200 Lockett St.
 Brenham, TX 77833
 979-836-1596 (H)

Lula Price
 3923 Avenue M 1/2
 Galveston, TX 77550
 409-763-2558 (H)

Advisor
 Thelma Davis
 PO Box 614
 Giddings, TX 78942
 979-542-2763

Welcome
 On behalf of
 the LVNAT
 membership,
President
 Peggy Roberts
 wishes to
 extend a warm
 welcome to all
 our new
 members:
Randy Jo
Baker.

Reminders

We need candidates for Nurse of the Year, Scholarship, Scrapbook, Year-book, and Newsletter. Please get your applications and scrapbooks turned in to the awards committee by the deadline which is October 1st.

We need help with getting new and old members to join the Association. Please help the First Vice President in accomplishing this.

We are needing the divisions and committees to start turning in their reports to be included in the newsletter.

Cookbooks

I am requesting recipes from all members to make a new cookbook for the Association. I am wanting to make an updated cookbook as we have learned new recipes or even found new ones. I would like to receive the recipes no later than by Convention 2015.

LVNAT Division Reports

Division 6 Galveston

Division 82 Fort Worth

Division 8 San Antonio

Division 9 Houston

Division 8 San Antonio

January monthly meeting: We had a very interesting speaker, Scottie Jackson from PKI. He is a Karate Instructor. His speech was on "Professional Bully Proofing." We only had three in attendance, but we all learned so much. Our attendance was down due to the bad weather. We are continuing with our second Saturday meetings and have confidence our attendance will pick up.

President: Peggy Roberts

Division 6 Galveston

October 30, 2014: President Lula Price attended 2014 State Convention and gave highlights of convention. She stated attendance was up, especially the VN students. They were a very enthusiastic group and interacted with the speakers. Our President keeps in contact with the Galveston College VN Instructor to encourage them to become members of our organization and its importance. We continue to focus on membership growth and ways and means to retain it. We still have at least six faithful members. Our meetings are held on the 4th Thursday of the month at the Rosenberg Library 2nd Floor McCullough Room from 4-5:30 pm. For the month of November and December due to the holidays, we will not have any meetings and will resume in January of 2015.

Secretary: Joyce Payne

LVNAT Divisions

We still need members who are willing to start divisions in the following areas around the state: Division 1—Austin, Round Rock, Baylor, Pflugerville, Georgetown; Division 4—Dallas, Forney, Lancaster; Division 10—Waco; Division 17—Giddings, Thornville, Ledbetter; Division 18—Lubbock, Amarillo, Odessa, Idalou; Division 25—Irving; Division 26—San Angelo; Division 45—McAllen, Alamo, Hutto, Rio Grande City, Linn, San Juan, Mission, Edinburg, Elsa, Weslaco, Donna, Sullivan City; Division 57—Brenham; Division 84—North Richland Hills. Tammy Wolff and I will come and help get the division up and going.

In the following four divisions, to include: Division 8—San Antonio, Fredericksburg, Poteet, Windcrest, Boerne, Helotes, Hondo, Seguin, Elmendorf, Converse; Division 6—Galveston, Hitchcock, La Margue; Division 9—Houston, Rosharon, Missouri City, Santa Fe; Division 82—Fort Worth, Grand Prairie, Arlington, Joshua, Lewisville, Benbrook, Carrollton, Plano, Southlake, Burleson, Hurst, Weatherford, Lewisville, Crowley, Mansfield, Bedford, Gradbury, Stafford, Cleburn; needs more members, students, supportive members, instructors and would like to regain the support of our inactive members.

Be a Go-Getter and recruit more members. To earn a silver pin, recruit three active members. To earn a gold pin, recruit two more (a total of five) active members. The pin says "I'm a Go-Getter".

LVNAT Committee Reports

Membership Report

Active:	34
Retired:	27
Provisional:	6
Institutional:	2
Supportive:	6

Total: 75 members

Continuing Education Report

November:	6
December:	5
January:	4

Total: 15 classes

Nominating Committee Report

Everyone please start thinking about who would like to run for the following officers up for election this year and who you would like to vote for:

First Vice President

Secretary

Five Nominating Committee Members

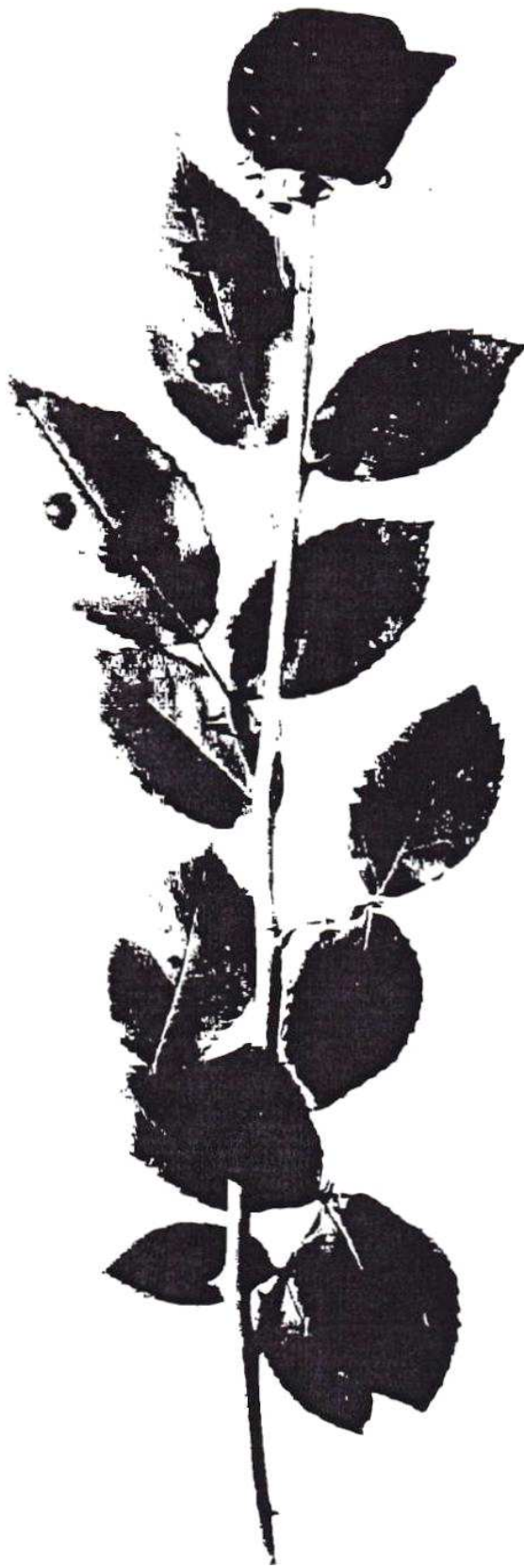
Three Board of Directors

Deepest Sympathy

To Peggy Roberts and family for the loss of Peggy's husband, Leland Roberts. You and your family are in our prayers.

Fall Convention

If anyone has any old medical equipment or textbooks they would like to donate to the Association, please let Peggy Roberts know. She is especially looking for a rectal thermometer.



24 THINGS TO ALWAYS REMEMBER AND ONE THING TO NEVER
FORGET

YOUR PRESENCE IS A PRESENT TO THE WORLD.
YOU'RE UNIQUE AND ONE OF A KIND.
YOUR LIFE CAN BE WHAT YOU WANT IT TO BE. TAKE THE DAYS
JUST ONE AT A TIME.

COUNT YOUR BLESSINGS, NOT YOUR TROUBLES. YOU'LL
MAKE IT THROUGH WHATEVER COMES ALONG. WITHIN YOU
ARE SO MANY ANSWERS. UNDERSTAND, HAVE COURAGE, BE
STRONG.

DONT PUT LIMITS ON YOURSELF
SO MANY DREAMS ARE WAITING TO BE REALIZED.
DECISIONS ARE TOO IMPORTANT TO LEAVE TO CHANCE.
REACH FOR YOUR PEAK, YOUR GOAL, YOUR PRIZE.

NOTHING WASTES MORE ENERGY THAN WORRYING.

THE LONGER ONE CARRIES A PROBLEM,
THE HEAVIER IT GETS.
DONT TAKE THINGS TOO SERIOUSLY.
LIVE A LIFE OF SERENITY, NOT A LIFE OF REGRETS.

REMBBER THAT A LITTLE LOVE GOES A LONG WAY.
REMEMBER THAT A LOT...GOES FOREVER.
REMEMBER THAT FRIENDSHIP IS A WISE INVESTMENT.
LIFE'S TREASURES ARE PEOPLE...TOGETHER.

REALIZE THAT IT'S NEVER TOO LATE.
DO ORDINARY THINGS IN AN EXTRAORDINARY WAY.
HAVE HEALTH AND HOPE AND HAPPINESS.
TAKE THE TIME TO WISH UPON A STAR.

AND DONT EVER FORGET...
FOR EVEN A DAY...HOW VERY SPECIAL YOU ARE.

Nurse Day at the Capital

Important Dates to Remember!!!! Nurse Day at the Capital February 23 and 24, 2015 which is a Monday and Tuesday. Monday is informational sessions held at the Sheraton Austin Hotel at the Capital where arrangements have been made for attendees to stay. Information about Nurse Day has been posted on the TNA's website. TNA has reserved a block of rooms at the Sheraton for Nurse Day at the Capital. Room Rates begin at \$189.00 plus tax. You can call 1-888-627-8349 to make your reservations. The group code is Nurse Day at the Capital. Make your reservations as soon as possible. Once the block of rooms TNA has reserved are all booked or the deadline (1-24-15) expires, rooms at the hotel may not be available at all or available only at a higher rate. We need to have as many of our members go as possible.

Peggy Roberts, President



Diamond
Healthcare Services

We Provide:

- LVNAT approved IV certification for LVN's
- DADS approved Directed In-service as required by state mandate
- Comprehensive mock survey preparing facility for Annual Survey.
- Board approved continuing education for the following:
 - Facility Administrators Registered Nurses
 - Activity Directors Social Workers
 - Physical Therapists and Assistants

Visit our website or call 903.360.5805 for more information.
www.diamondhealthcareservices.org

L
V
N
A
T

The Official Publication of the
Licensed Vocational Nurses Association of Texas

PO. Box 143415
Austin, Texas 78714-3415

Phone: 210-833-2768 or 979-540-0265

Fax: 979-542-6423

Www.lvnat.org

***ANNOUNCEMENT:
ATTENTION ALL DIVISIONS***

WANTED: LVNAT Competitions 2015

1. Your Division Newsletter
2. Your Scrapbook
3. Yearbook
4. Names for Scholarship Recipients
5. Names for Nurse of the Year

All entries must be received by October 1, 2015

Please submit your names to Committee Chairpersons or to LVNAT Headquarters

Scholarship Chairs

Frances Musquiz Emma Radcliff
515 Overhill Dr. 1002 Kelsey Ct.
Arlington, TX 75044 Forney, TX 75126

Awards Chair

Thelma Washington
1818 Cliffdale Dr.
Missouri City, TX 77489

Headquarters

P.O. Box 143415
Austin, TX 78714

